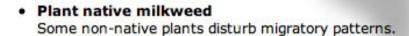
How You Can Help Monarch Butterflies

journeynorth.org



At Home

Create monarch habitat by planting a butterfly garden.



Provide nectar plants Include flowers that bloom during fall migration.

Avoid pesticides Pesticides kill monarchs at all stages of the life cycle.



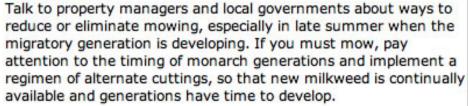
· Report your monarch observations

Scientists need data to understand all stages of the monarch's annual cycle. Citizen scientists contribute valuable observations.

In Your Community

Get involved in monarch habitat conservation in your community, region, state or province.





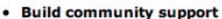


Avoid pesticides

Reduce or restrict pesticides in monarch habitat along roadsides, railroad, and powerline right-of-ways. Avoid spraying for mosquitoes or other insects when monarchs are present.

Support beneficial farming practices

Advocate for practices that do not eradicate milkweed. Encourage legislation that requires labeling of food made from genetically modified crops for consumer awareness.



Share information about monarch conservation needs through local news outlets and social networks.

Contribute to conservation efforts

Support organizations that protect monarch habitat on the breeding grounds, along the migration route, and at the overwintering sanctuaries in Mexico.

Resources

Google these: Journey North, Monarch Watch Waystations, North American Butterfly Association, Make Way for Monarchs, Southwest Monarch Study, Monarch Joint Venture, Wild Ones, Xerces Society.