



Walk Leonia Survey

How much do you agree or disagree with the following statements?

Please circle "1" if you strongly disagree, "2" if you disagree, "3" if you neither agree nor disagree, "4" if you agree, or "5" if you strongly agree.

	Strongly Disagree			Strongly agree	
	1	2	3	4	5
There are lots of places in my neighborhood where children can be physically active.	1	2	3	4	5
On a typical day, my child does enough physical activities to be healthy.	1	2	3	4	5
Children who engage in regular physical activity are more self-confident.	1	2	3	4	5
Children who are physically active have better school grades.	1	2	3	4	5
There is a grocery store within walking distance of my home or office.	1	2	3	4	5
My child's school is within walking distance of our home.	1	2	3	4	5
It is safe for my children to walk or bike to school.	1	2	3	4	5

How easy or difficult would it be for you to do the following?

Please circle "1" for very difficult, "2" for difficult, "3" for neutral, "4" for easy, or "5" for very easy.

	Very Difficult			Very Easy	
	1	2	3	4	5
Add 10 minutes of physical activity to your routine every day.	1	2	3	4	5
Do physical activities with your children every day.	1	2	3	4	5
Walk or use a bicycle to run errands.	1	2	3	4	5
Spend more time each day walking just by changing the way you go to and from home, school or work.	1	2	3	4	5

Name _____ Email _____

Do you live in Leonia? Yes ___ No ___

Do you work in Leonia? Yes ___ No ___

Do you do business in Leonia? Yes ___ No ___

